

Logging In

Logging in

Follow the steps below to log in to PAMS:

1. Open your internet browser.
2. Enter the website address (<https://pamspublic.science.energy.gov/>) for DOE PAMS and click **Enter**.
3. Enter your User Name and Password.
4. Click **Log In**.

PAMS Account Is Locked

PAMS locks your account if you try to log in **three times** with an incorrect password. You will have to wait for 30 minutes before attempting to log in again.

Forgot PAMS Password

To reset your password, click the **Forgot Password** link on the login screen. You will have to answer your previously set-up security question. If you have forgotten your security question's answer, please contact the PAMS Help Desk ([Contact Info](#)) for assistance with resetting your password.